

# Portishead Medical Group

## Feedback October 2014 – Mens Health Info Eve

Number of Responses:

Online: **34**

Paper forms: **36**

Online Questionnaire	Paper Questionnaire
<p><b>Did you attend the Information Evening (topic "Men's Health") on 21st October?</b></p> <p>Yes <b>26%</b>            No <b>67%</b>            No response <b>7%</b></p>	<p><b>Was it informative?</b></p> <p>Yes = <b>34</b>. No answer = <b>2</b></p> <p><b>Were the presentations clear?</b></p> <p>Yes = <b>33</b>. Not sure = <b>1</b>. No answer = <b>2</b></p> <p><b>Was the Q&amp;A session good?</b></p> <p>Yes = <b>32</b>. Not sure = <b>1</b>. No answer = <b>3</b></p>
<p><b>If "yes" please tell us what you thought:</b></p> <p>Very good <b>29%</b>            No response <b>71%</b></p>	
<p><b>If "no" please tell us why you didn't attend:</b></p> <p>I didn't know about it <b>8%</b>            I wasn't interested in the topic <b>8%</b>            I would have liked to attend but wasn't able to <b>50%</b>            No response <b>34%</b></p>	<p><b>How did you hear about the event?</b></p> <p>Email = <b>23</b>            Waiting room = <b>3</b>            Website = <b>2</b>            GP = <b>1</b>            Leaflet = <b>2</b>            PPG/local press = <b>2</b>            Text = <b>1</b>            Other = <b>1</b></p>
<p><b>Age:</b></p> <p>Under 24 <b>2%</b>            25 - 34 <b>2%</b>            35 - 44 <b>0%</b>            45 - 54 <b>11%</b>            55 - 64 <b>8%</b>            65 - 74 <b>35%</b>            75+ <b>38%</b></p>	<p><b>Age:</b></p> <p>45-54 = <b>2</b>            55-64 = <b>4</b>            65+ = <b>29</b>            No answer = <b>1</b></p>
<p><b>Sex:</b></p> <p>Male <b>55%</b>            Female <b>44%</b></p>	<p><b>Gender:</b></p> <p>Male = <b>27</b>            Female = <b>3</b>            No answer = <b>6</b></p>
<p><b>Ethnicity:</b></p> <p>White <b>97%</b>            No response <b>3%</b></p>	<p><b>Ethnicity:</b></p> <p>White British = <b>35</b>            No answer = <b>1</b></p>

## Comments / Why have you given it this rating?

### Paper:

- >> Answered all questions well. <<
- >> Brilliant. Many thanks to all 3 doctors. Informative and interesting - what could have been a bit embarrassing handled in lay and terms and with humour. Sad not younger people there but that is par for the course. <<
- >> Good information. Helpful to hear the more detailed consideration of Prostate PSA screening. Good to hear a summary of the pros and cons, well done to Dr Robin Pullen for researching / describing. Also the informative discussion on taking aspirin pros and cons from all presenters. <<
- >> Good subject that was explained very well <<
- >> It was informative and authoratative, and presented well with illustrations. <<
- >> There was a lot of good info disseminated in a short space of time. <<
- >> Very clear presentations. Useful information, Good balance between talk and the question and answer session. <<
- >> Very informative and well presented. <<

### Online:

Raise screen higher (x 2)

More ventilation at back. Noise from desk 7.30-7.45 was a problem  
very clear

all 3 speakers excellent and honest

Offer powerpoint sessions to those that want them.

well presented. Engaging speakers. Informative without any embarassment to a mixed audience

Definitive answers are not always possible sadly

good general overview

Thanks to all for an excellent & informative evening

Very good presentations

All presentations were clear and authoritative

very useful

Keep these presentations going, the attendance I have seen at them must be encouraging!

raise screen higher

All good

Well done - first time I have heard a talk on problems that are never mentioned

## What health topics would you like us to cover in future information evenings?

### Paper:

>> 1. Stress management. 2. How to cope with bereavement. 3. Access to Counsellors to advise with family issues. 4. Alternative medicine, Acupuncture on the NHS etc.

<<

>> 1. Managing chronic conditions 2. Managing poor mental health 3. Reducing the use of drugs <<

>> Alzheimers disease <<

>> Child mental health <<

>> Dementia Ageing gracefully <<

>> dementia and problems associated with getting old <<

>> Help re stenosis of the aorta and renal arteries in special needs children. <<

>> Identifying dementia in loved ones. Coping with teenage problems. Particularly with split families or where both parents work so they have to learn to manage their own emotions with very little parental support. Keeping healthy as one ages. <<

>> Impact on shift workers and their general health The impact of The computer/ iPad tablet devices that seem to control our lives etc Heath warnings / photos of damaged organs on bottles As they are on tobacco etc etc Doctors ! Signing to many sick notes etc. sickness??and the bad back culture !! As overtaken our once great work ethics And to much junk food!!! And a non target! Assembly line for our learned gps!! Their guidance , Helps our lives and community a lot . <<

>> LUNG PROBLEMS DEPRESSION AND RELATED MENTAL HEALTH ISSUES HEART SKIN CONDITIONS AGING COPING WITH DECREASING ABILITIES - EG ACTIVITY, FEWER ROLES CARE OF SOMEONE ELSE WHEN ONE IS ONESELF NOT FULLY ABLE KIDNEY AND LIVER FUNCTIONS <<

>> Mental health <<

>> Mental health, especially dementia related to aging. <<

>> My apologies for not attending but computer has been out of order and therefore did not pick up on meeting. However as I no longer have a male person in my household I would not have been much help except to say that Men tend not to be quite so concerned about following their health problems as Women, at least until it is nearly too late. <<

>> Obesity. Obesity. Obesity.... <<

>> Pain relief in general <<

>> Potential problems associated with long term steroid use and possible prevention of the above. <<

>> Problems with the brain dementia MS Parkinson's etc <<

>> Signs of prostate problems <<

>> skin cancer <<

>> under active thyroid <<

>> Vascular dementia and appropriate caring <<

>> Womens health <<

>> Women's Health, How to reduce cholesterol , healthy eating, Best ways to reduce your weight, <<

>> women's health, latest medical information and research about contraceptive options for older women, <<

>> Would be interesting and helpful to hear the balanced view of preventative actions / behaviour. Beyond not smoking / taking exercise / controlling weight, what else can

we do? e.g. foods / screening / ... (helpful actions that reduce probability of cancer, arthritis, dementia etc - we know the risk cannot be eliminated - but what are the options to consider?) <<

>> Would need to see the topics already covered before commenting further <<

### **Online:**

womens health / ageing process / what to worry about  
nervous ?

loneliness and effect on health

post op support at PMG

alzheimers - dementia

acetyl l carnitine - Lipoteric acid

deferring onset of dementia/alzheimers

benefits of exercise & weight management

What diet actually does for you

role of exercise/diet in a healthy long life

Preventative medicine

Role of diet/medicine in promoting good health

Dementia care for carers

Lung disease, emphysema etc

Understand PMG structure and patient link to specific GP + referral systems

Diabetes

Hips/knees and joint treatment

Weight guidance/advice

How to deal with old age

dementia, Parkinsons

Bowel cancer

Skin cancer

Threats from world wide health risks e.g. types of flu/Ebola

Infectious diseases of all varieties

Womens health

Dementia

**Our Patient Group meets with GPs and managers from Portishead Medical Group during the year to discuss ongoing plans, issues and matters of interest. Are there any topics that you would like the group to consider?**

### **Paper:**

>> Also maybe .? The grassed area outside chemist tarmaced over and used for parking/ disabled and a perhaps?? 6 teir brick wall built as to protect the chemists door/ window etc As there was once a nasty accident there I witnessed it . Yours respectfully john Robert Farnham. <<

>> Am a member of the group. My on going bleat is about out of hours medical cover. <<

>> NB I should be interested in becoming a patient group representative if/when a space becomes available. <<

>> Communications within the NHS and practice generally. When I have had a test it has been unclear when, how ( email, paper, do I get a copy) and to whom the results ( consultant only, GP) will be communicated. As the patient, I have had to chase

Southmead myself. I don't mind chasing results up and I realise I am dealing with a large and diverse organisation, but it would be useful if I knew how the system was supposed to work and if there is any "standard". <<

>> Could there be a display/ information board with different topics on it chosen by the public. Also info about local fitness activities ie the Open air pool including the need for volunteers there. <<

>> How to keep fit in old age Dementia <<

>> How to prevent non-attendance figure <<

>> I would like to say that the thing you expect from your Doctor is complete honesty and trust in anything that he or she considers you need to know no matter how hard or difficult the situation. <<

>> informing patients upon logging in at reception (with a sign above the screen perhaps) that the name which comes up on the screen is the person you are seeing NOT your name - this new screen has been very confusing! <<

>> it would be very useful to have a session on dementia <<

>> not at present. <<

>> Obesity. I am not obese - I could be but I choose not to be by eating healthy, fresh foods mainly bought from Lidl (so not expensive) How do you encourage your patients to take responsibility for their own weight and health? Obesity is costing the NHS a fortune so must be dealt with before the NHS itself collapses. <<

>> TAI CHI weekly day classes fee paying, at the surgery when the function room is not in use. <<

>> Whether there is a better system that can be adopted to deal with incoming calls to the surgery at eight in the morning. <<

>> womens health mental health exercise <<

### **Online:**

problems for patients attending Southmead Hospital  
memory loss

No - they do a great job

Difficulties of access to doctors

Getting appointments at short notice