

Portishead Medical Group
Travel Clinic – Information for Patients

As you will be aware, GP surgeries are working under increasing pressure and so we are having to prioritise the services that we provide. As we receive no funding to provide travel clinics and they tend to be very time consuming, we have had to make some changes to the way that we run this service in order to protect other, more critical clinical services.

We are happy to provide travel advice for all individuals going on holiday irrespective of the number of countries being visited or how long the trip is. We are happy to advise both holiday makers and business travellers but we are not able to provide immunisations for occupational health (including education courses).

Please note that more than one appointment may be needed if you need several immunisations or a vaccine requires more than one injection. Vaccines can take up to 1 month to become fully effective.

To ensure that you are fully protected your first travel appointment must take place at least 6 weeks before date of travel.

Therefore we recommend that you contact us 10-12 weeks before you travel to book an appointment.

We regret that if you need vaccinations at short notice or demand for appointments is too high, it will be necessary to contact an alternative travel clinic (suggestions are shown overleaf).

The process is as follows:

1. Phone us on 01275 841630 to book an appointment. As the first appointment must be at least 6 weeks before the date of travel we recommend that you call us 10-12 weeks beforehand.
2. Complete a Travel Vaccination Form – one form per person travelling. These can be downloaded from our website www.pmg.org.uk or collected from our reception desk.
3. Visit the website www.fitfortravel.nhs.uk for travel information and advice. Sign the travel vaccination form to confirm that you have done this.
4. Bring the completed form with you to your first appointment.
5. Please note that we will not be able to see you if you do not have a completed, signed travel form.

If you would like a list of your previous vaccinations we can print off details of vaccinations that have been given at the surgery – please speak to a member of the reception team. If you have had vaccinations elsewhere we will not have a record of this and you will need to bring in the vaccination record that you should have been given at the time.

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Vaccines

- A list of vaccines available in this clinic is shown below. If you require any additional vaccinations which are not on this list you will need to go to an alternative travel provider for these.
- The majority of vaccinations needed for travelling will be covered under the NHS and will be free of charge.
- We are not a registered Yellow Fever centre.

Summary of Vaccines and charges

| Vaccine | Name | Charge to patient |
|---|--------------------|--------------------------|
| Diphtheria, Tetanus and Polio | Revaxis | Free (NHS) |
| Hepatitis A for children 1-15 years | Havrix Junior | Free (NHS) |
| Hepatitis A for adults and children 16 and over | Havrix | Free (NHS) |
| HepA/Hep B for children 1-15 years | Twinrix Paediatric | Free (NHS) |
| HepA/Hep B for adults and children 16 and over | Twinrix | Free (NHS) |
| Typhoid (if available) | Typhim | Free (NHS) |
| Hepatitis B (if available) | Engerix B | £40 per dose (x 3) |

Alternative Travel Providers:

There are many private travel clinics in the Bristol area which can be found online by searching for 'travel clinics Bristol' Some examples are listed below:

- ***NOMAD Travel Clinic*** *www.nomadtravel.co.uk*
- ***STA Travel Store*** *www.statravel.co.uk*
- ***Travel Health Bristol*** *www.themedical.co.uk/Travel*
- ***Boots Pharmacy*** *www.boots.com*
- ***Bristol Travel Clinic*** *www.masta-travelhealth.com/travelclinic/Mastabristol*
- ***Lloyds Pharmacy*** *<https://onlinedoctor.lloydspharmacy.com/>*