



PORTISHEAD MEDICAL GROUP

Newsletter Winter 17/18

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Hello....Again!

Welcome to our winter newsletter. The latest publication has been a long time coming, as you are aware Dr Lyon has sadly left us for pastures new, therefore editorship has passed back to me. Dr Lyon introduced a new-look newsletter and I hope to take elements of that and incorporate my own style. It is designed to be more web/email friendly and I hope you like it.

Dr Robin Pullen

“At high risk of Diabetes– is a new term that means exactly what it says! In the past we used the somewhat ambiguous terms pre-diabetes or impaired glucose tolerance. Starting next year those identified from blood testing as at high risk will be referred to a year long healthy living program run under the auspices of the National Diabetic Prevention Plan”

CHANGING FACES

Nothing lasts forever and much has changed over the last year. Dr Andy Lyon has resigned to take up a new Partnership in Bristol. We remain in regular contact and in his own words he was ‘not looking to move but a new opportunity was presented to me’. We wish him all the very best for the future.

Drs Emily Lake and Elizabeth Speedy have returned from maternity leave to reduced hours. Dr Lake is working 3 days a week and Dr Speedy 2 days. They are looking after their lovely daughters at other times. We have missed them and are delighted they have settled back into Practice life with such enthusiasm.

Drs Zurianah Karim and Jack Ogden have joined us as salaried GPs. Both work 6 sessions, Dr Karim over 4 days and Dr Ogden over 3 days. Both are working incredibly hard and have settled in extremely successfully. Dr Ogden has a specialist interest in diabetes management and sports medicine. Both are also excellent generalist and valuable additions to our team.

Our latest GP Register is Dr Simon Lynes. Recently a new dad, he may be looking a little tired over the next few months! We have been very lucky with the quality of our trainees and Dr Lynes is no exception. Please wish him a warm welcome.

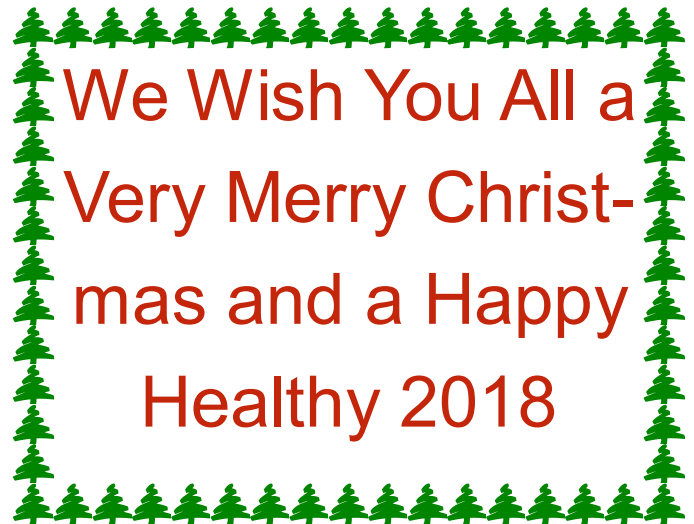
SATURDAY APPOINTMENTS

We have successfully applied for extra funding to provide limited pre-bookable appointments on a Saturday morning to patients in North Somerset. You may be offered one of these as an alternative to a weekday appointment. Funding for this is distinct from our core funding, is not guaranteed in the long term and cannot provide a surgery every Saturday. However, if a Saturday appointment appeals please do ask at reception to see if any are available. **Please note these appointments are not accessible on-line and the surgery will not be open to drop in on Saturday mornings.**

We are a Research and Training Practice and many of you have kindly offered your time and knowledge to help medical students, get involved in trials and be treated by our Trainees. Thank you for helping us push forward the boundaries of General Practice and teach the next generation of doctors, and nurses.



Well done
Mark Henalla
(our Assistant
Manager) who
has raised
£500 for the
men's charity
The Movember
Foundation



MISSION STATEMENT

Staff came together to create a mission statement that reflects what good General Practice means to us at Portishead Medical Group

P : put our population at the heart of all we do

M : manage resources wisely

G : go the extra mile to promote health and wellbeing

C : create an honest and open culture

A : actively listen to our population, involve them in decisions about their care

R : research and teach, supporting new treatments and clinicians

E : ensure excellent standards in primary healthcare

S : show that we care

We ask all of our patients to support us by:

- ⇒ Taking responsibility for your own health and minor ailments.
- ⇒ Only ordering the medication that you need, at the right time.
- ⇒ Recognising that medicine doesn't always help.
- ⇒ Respecting your fellow patients and practice staff.
- ⇒ Attending appointments on time and cancelling appointments if necessary.
- ⇒ Being aware that appointments are 10 minutes long.
- ⇒ Respecting the constraints that the practice and staff have to work within.

Remember

Our practice website www.pmg.org.uk for the very latest news and updates.

Find information on our Practice Participation Group and Patient Education Evenings

Access information about self care and much more...