**Portishead Medical Group**

**Feedback from Dementia Patient Information Evening on 22nd June 2015**

Approximately 150 people attended and 93 feedback forms were completed.

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| Question | Percentage who said yes |
| |  | | --- | | Did you get a better understanding of dementia:  Symptoms and what to look out for?  Actions to take if you have concerns?  Support available? | | 78%  80%  69% |
| Did you like the venue? | 97% |
| Are you living with dementia? | 10% |
| Are caring for someone who is living with dementia? | 18% |

Age of attendees: Gender:

Comments:

Are there any aspects of dementia that you would like us to cover in a future session?

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| * The way dementia is related to other conditions such as parkinsons |
| * Advice to carers re how to deal with specific problems such as wandering in the night (prevention) |
| * Prevention. Future advances in medicine |
| * Care home guidance. Other social care |
| * More detail on support options |
| * Any further knowledge useful |
| * Are there any tips one can employ to help e.g. remember names |
| * Diet that could help. Associated symptoms that may be contributory |
| * Denial & carrying on undiagnosed out of choice |
| * Prevention. Educate people how to deal with people with dementia (e.g. don't correct or antagonise) |
| * From a medical point of view, how does the brain 'spark' to remember which stimulation is provided? E.g. music/photograph |
| * More for people who have been diagnosed |
| * Would like suggestions on how to respond to a friend with early dementia |
| * What to do about people who have been diagnosed but won't discuss it? |
| * Treatment - now and future & neurological issues |
| * Care packages - ineffective? |
| * Possibility . Recent research in processes that cause changes in brain cells and prospects for medication to prevent / cure it |
| * Conversation e.g. pursue a topic or drop it |
| * Repeat the subject - the problem will continue to affect more people |
| * Social meeting and greeting - how to do it |
| * Emotional support |
| * Power of attorney etc |
| * More on symptoms |
| * More on the effect on carers |

Our Patient Group meets with the Practice throughout the year to discuss ongoing plans, issues and matters of interest. Is there anything that you would like the group to discuss?

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| * Gaining access to a GP - particularly one who knows the patient's history |
| * Thyroid issues |
| * Antibiotics |
| * Depression. Grief and death. Stress/anxiety. Fibromyalgia / ME |
| * Presentation on bereavement - counselling, services etc |
| * Any new developments |
| * Joint problems |
| * Prostate cancer |
| * Ovarian cancer |
| * Arthritis |
| * Mental health. Finances. 24/7 GPs - if not, what? Look at scheme in other areas. |
| * In house pharmacists and triage nurses. More specialist nurses |
| * Womens’ health issues |
| * Diabetes |
| * Supporting friends/relatives with anxiety/panics/depression |
| * Osteo arthritis |
| * Post cancer support |
| * Depression |
| * Diabetes. Walking issues. Eye and ear care issues |

If you are living with dementia, or caring for someone who is, what additional support or information would you find useful?

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| * How to give support effectively – **Crossroads Care (books on prescription). Also happy to talk to others about general concerns** |
| * Level of support post diagnosis– **Crossroads Care / GP / Alzheimer’s Society** |
| * Attendance allowance. Carers allowance |
| * More proactive, state supported help on legislation. Concern re court of protection - **Citizen’s advice bureau** |
| * Help with respite – **Crossroads Care** |
| * Care homes – **Crossroads Care** |
| * Carers may find the book 'contented dementia' by Oliver James. Helpful in day to day coping |