As you will be aware, GP surgeries are working under increasing pressure and so we are having to prioritise the services that we provide. As we receive no funding to provide travel clinics and they tend to be very time consuming, we have had to make some changes to the way that we run this service to protect other, more critical clinical services.

We are happy to provide travel advice for all individuals going on holiday irrespective of the number of countries being visited or how long the trip is. We are happy to advise both holiday makers and business travellers, but we are not able to provide immunisations for occupational health (including education courses).

Please note that more than one appointment may be needed if you need several immunisations, or a vaccine requires more than one injection. Vaccines can take up to 1 month to become fully effective.

**To ensure that you are fully protected your first travel appointment**

**must take place at least 6 weeks before date of travel.**

**Therefore, we recommend that you contact us 10-12 weeks**

**before you travel to book an appointment.**

**We regret that if you need vaccinations at short notice or demand**

**for appointments is too high, it will be necessary to contact an**

**alternative travel clinic (suggestions are shown overleaf).**

The process is as follows:

1. Visit the website [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk) for travel information and advice.
2. Submit a new request form via our website ‘Contact Us’ page or your NHS app to request an appointment. Alternatively, you can phone us on 01275 841630. As the first appointment must be at least 6 weeks before the date of travel we recommend that you contact us 10-12 weeks beforehand.
3. You will be sent a link to complete a questionnaire. If you are unable to access the questionnaire online, our receptionists can complete this for you.
4. A travel nurse will review your responses and contact you within 4 weeks with advice or to offer an appointment to receive required vaccinations. If you require a vaccination more urgently, we recommend that you seek an alternative travel provider, detailed later in this document

If you would like a list of your previous vaccinations, these can be viewed on the NHS App or our receptionists can print off details of vaccinations that have been given at the surgery – please speak to a member of the reception team. If you have had vaccinations elsewhere, we will not always have a record of this and you will need to bring in the vaccination record that you should have been given at the time.

**Vaccines**

* A list of vaccines available in this clinic is shown below. If you require any additional vaccinations which are not on this list you will need to go to an alternative travel provider for these.
* Most vaccinations needed for travelling will be covered under the NHS and will be free of charge.
* We are not a registered Yellow Fever centre.

**Summary of Vaccines and charges**

|  |  |  |
| --- | --- | --- |
| **Vaccine** | **Name** | **Charge to patient** |
| Diphtheria, Tetanus and Polio | Revaxis | Free (NHS) |
| Hepatitis A for children 1-15 years | Havrix Junior | Free (NHS) |
| Hepatitis A for adults and children 16 and over | Havrix | Free (NHS) |
| HepA/Hep B for children 1-15 years | Twinrix Paediatric | Free (NHS) |
| HepA/Hep B for adults and children 16 and over | Twinrix | Free (NHS) |
| Typhoid (if available) | Typhim | Free (NHS) |
| Hepatitis B (if available) | Engerix B | £40 per dose (x 3) |

**Alternative Travel Providers:**

There are many private travel clinics in the Bristol area which can be found online by searching for ‘travel clinics Bristol’. Some examples are listed below:

* ***NOMAD Travel Clinic*** [*www.nomadtravel.co.uk*](http://www.nomadtravel.co.uk)
* ***STA Travel Store***[*www.statravel.co.uk*](http://www.statravel.co.uk)
* ***Travel Health Bristol***www.themedical.co.uk/Travel
* ***Boots Pharmacy*** www.boots.com
* ***Bristol Travel Clinic***[*www.masta-travelhealth.com/travelclinic/*](http://www.masta-travelhealth.com/travelclinic/)

Mastabristol

* ***Lloyds Pharmacy*** *https://onlinedoctor.lloydspharmacy.com/*