

PORTISHEAD MEDICAL GROUP
VICTORIA SQUARE
PORTISHEAD
NORTH SOMERSET
BS20 6AQ

Tel: 01275 841630
Fax: 01275 817516
Web Site: www.pmg.org.uk

Dear Sir/Madam

We would like to invite you to come into the practice for an NHS Health Check.

The Department of Health recommends looking at possible risk factors for heart disease and stroke in patients who are 40 years or older. Many heart attacks or strokes could be prevented with simple measures such as eating more healthily or stopping smoking.

We would like to support you in being as healthy as possible and would like to invite you to come to the practice for an NHS Health Check. This involves looking at your blood pressure, your cholesterol and your weight for example, and you have the opportunity to talk to the nurse about how you could improve your heart health and discuss any concerns you may have.

The appointment will last approximately 15 - 20 minutes.

What you need to do next:

1. Please call the practice on 01275 841630 after 10.30 a.m., saying that you have received this invitation and ask to book in for an **NHS Health Check**. Please give code **"9MC"**.
2. Complete the enclosed double-sided form. Please arrive 10 minutes before the start of your appointment and use the blood pressure machine in the waiting room to obtain the 'SYS', 'DIA' and 'PUL' readings.
3. Please bring the fully completed form to your appointment as the nurse will need the information.

We hope to see you at the practice. Alternatively call into any of the pharmacies listed overleaf, **with this letter**, and they will be able to carry out the NHS Health Check for you.

With kind regards,

The Doctors at Portishead Medical Group

If you do not wish to have your NHS Health Check, please tick below, tear off this slip and return to us.

I would like to decline the offer of an NHS Health Check.

Print Name.....Signed.....Date.....

Patient ID: <<EMIS>>



Pharmacies Registered to carry out NHS Health Checks (July 2014)

Asda Pharmacy	Philips Road	Weston Super Mare	BS23 3UZ	01934 410710
Morrisons Pharmacy	Summer Lane, Locking Castle	Worle	BS24 7AY	01934 521135
Boots the Chemist Ltd	Unit 2 Locking Castle	Worle	BS24 7AY	01934 525048
Tesco Stores Pharmacy	Kenn Road	Clevedon	BS21 6LH	01275 750447
Locking Village Pharmacy	62 Grenville Ave	Weston Super Mare	BS22 6NR	07771903572 01934 827771
Tower House Pharmacy	Stockway South	Nailsea	BS48 2XX	01275 855109
Rowlands Pharmacy	111 Old Street	Clevedon	BS21 6BP	01275 876797 01275 851312
Graham Road Pharmacy	22 Graham Road,	Weston Super Mare	BS23 1YA	01934 410029
Day Lewis Pharmacy	3 Broad Street	Congresbury	BS49 5DS	01934 832062
Lloyds Pharmacy	23 Waterloo Street	Weston Super Mare	BS23 1LF	01934 628845
Lloyds Pharmacy	37 Whitecross Road	Weston Super Mare	BS23 1EN	01934 620740
Co-op Pharmacy	2 Sunnyside Road	Clevedon	BS21 7TA	01275 873425

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