



Becky Barratt

Community Pharmacist



- Dispensing prescribed medication
- Providing expert advice on medication and treatment
- Offering additional services and screening
- Promoting self care
- Improving the health and well being of our local community





Prescription received

Stock checked

Prescription typed onto PMR

Medication labelled

Medication checked by Pharmacist

Medication and advice given to patient



NHS Medication Use Reviews

An opportunity to ask questions and find out more about your current medication. This improves compliance and adherence. These are designed to supplement GP clinical reviews.



NHS New Medicine Service

Advice for patients recently prescribed new medication in set target groups

- Asthma and COPD
- BP
- Anticoagulants
- Type II Diabetes Regular contact with the pharmacist throughout the first month of the new medication.

Between 30% and 50% of prescribed medicines are not taken as recommended



Chlamydia Treatment



Supervised
Consumption



Nursing Homes



Emergency
supplies

Emergency Contraception



Disposal of
unwanted medication



PHARMACY	<ul style="list-style-type: none"> Coughs & colds Conjunctivitis for those aged over 1 year Sore throat & warts for less than 3 days Warts & verrucae Constipation 	<ul style="list-style-type: none"> Smoking cessation Hay-fever Mouth ulcers Dry skin, nappy rash, small patches of impetigo, abrasions, bruises, insect bites & sunburn 	<ul style="list-style-type: none"> Emergency contraception Head lice Cold sores Thrush Pain relief Filias Athletes Foot
TREATMENT ROOM/ DISTRICT NURSE	<ul style="list-style-type: none"> Wound dressings Removal of sutures <p>Call in to the Community Desk at Boreyrigg Health Centre or telephone the Treatment Room on 0131 537 9945, Telephone the District Nursing Team on 0131 537 9894 for home visits.</p>		
SOCIAL CARE	<ul style="list-style-type: none"> Social work help, advice about benefits, care at home, carer's support 0131 271 3900 		
PRACTICE NURSE/ HEALTHCARE ASSISTANT	<ul style="list-style-type: none"> Flu vaccinations Contraception pill review Cervical screening tests Travel advice & vaccinations 	<ul style="list-style-type: none"> Minor injuries Blood pressure checks Chronic disease management of: Asthma, atrial fibrillation, cardiovascular disease, COPD, 	<ul style="list-style-type: none"> diabetes, heart disease & heart failure, hypertension, kidney disease, peripheral arterial disease & stroke Phlebotomy (bloods taken) Height/weight checks
HEALTH VISITOR	<ul style="list-style-type: none"> Children's problems including: breast feeding, formula feeding, sleeping, minor illness, immunisation questions. 0131 537 9903 		
PODIATRY	<ul style="list-style-type: none"> You can self refer to the Podiatry Service. Ask for a form at reception or download one from our website. 		
OPTICIAN	<ul style="list-style-type: none"> All eye conditions should be seen by an optician first for their expertise. They also have the correct equipment for eye examination. You can see an Optician for dry, red, sore, watery, sticky or itchy eyes, cysts, styes and conjunctivitis. 		
SMOKING	<ul style="list-style-type: none"> Smokefree Luthian 0131 537 9994 or your local pharmacy. 		
HOSPITAL APPOINTMENTS	<ul style="list-style-type: none"> For any queries about your hospital appointment you should first contact: Royal Infirmary 0131 535 1000 Westons General 0131 537 1500 St John's 01506 523 000 To arrange patient transport call 0300 123 5236 		
PHYSIOTHERAPY	<ul style="list-style-type: none"> For advice and self care with a joint or muscle problem contact NHS inform on 0800 917 8390 or www.nhsinform.co.uk/mk 		

Further advice and information about your health can be found on

Support through advice and the sale of over the counter

- Saving GP time
- Reduce A&E visits
- Saving your time and money
- Helping our NHS

Get the right care, first time

Injured or unwell?
Using the right NHS service could save you time and help you get treated sooner.

Right care

First time

#RightCareFirstTime

- Promoting healthy living
- Signposting to local facilities
- Weight management and stop smoking services
- National campaigns



www.nhs.uk/conditions/nhs-health-check/check-your-heart-age-tool/

Pharmacy is changing and we need our patients more than ever to access of essential services.



But....

ASK AT YOUR

**PHARMACY
FIRST**

COUGH

COLD

FLU

RUNNY NOSE

SORE THROAT

EAR INFECTION

**STAY WELL
THIS WINTER**

