

## "DEPRESSION & COMMON MENTAL HEALTH PROBLEMS AND ADVANCE CARE PLANNING"

Patient Information Evening

8th October 2018

	Yes	No	Not sure	Other comment
As a result of this evening do you have a better awareness of these topics?	36	1	2	*some
Do you know what options are available to you if you have concerns?	39		2	*Would like presentation notes emailed to evening participants as a norm *Professional help *Some *Gave me a few more helplines *Listening to the doctors, the impression was given that repeat appointments with the same doctor are easy to obtain. This must be so in an ideal world but not in reality.  *May sound a bit prescriptive but some may need actual diet sheets to improve their mental health. Made much difference for me.
Are there any other areas that you would like information on?				*Perception of gender issues and mental health *Anxiety and depression *Is there anything else available apart from "positive steps" *Dealing with children re anxiety and pressures put on them today *Cataracts *EOLC - Parkinsons, neurological disorders *How to cope with panic attacks *Counselling *Helpful information about coping with arthritis/arthnic pain *Thyroid function *Slides - can you put on your website these talk details - especially first two
Our Patient Group meets with the Practice throughout the year to discuss ongoing plans, issues and matters of interest. Do you have any concerns or areas for improvement regarding the practice and the services we offer?				*The man in front of me spent the whole 90 mins on his mobile phone! If only making notes could have used paper and pencil. He should have sat at the back. The white screen from the phone was very annoying and distracting  *Request a replacement video projector from NHS - One with HDMI connections  *Dementia awareness and help for carers/partners *Repeat prescriptions *More space for referrals and easier access to CAMHS

How did you hear about this event?	
Posters in waiting room	2
website	2
local press	3
emails	32
Other	8

About yourself:	
under 24	1
25-34	
35-44	
45-54	3
55-64	8
65+	29
Male	10
Female	24
Prefer not to say	1