

DR JIM BURTONWOOD

CANCER SURVIVORSHIP

INTRODUCTION

- ▶ We are all growing to an older age due to advancements in modern medicine.
- ▶ This means a greater proportion of us may expect to develop cancer in our lifetimes.
- ▶ Cancer treatments have also been revolutionised.
- ▶ This means a greater proportion of us may expect to survive cancer.

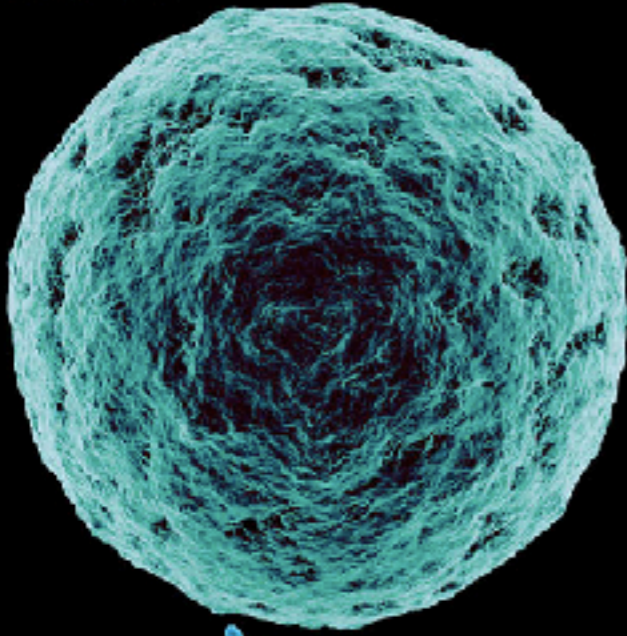
STATISTICS

- ▶ In 2011: More than four in 10 of us would get cancer.
- ▶ In 2012: The number of people living with cancer would double to four million over the next 20 years.
- ▶ By 2020, while almost one in two people will get cancer, almost four in 10 of those will not die from it.

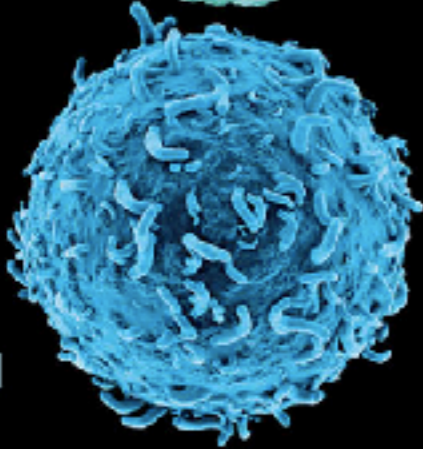


FROM THIS...

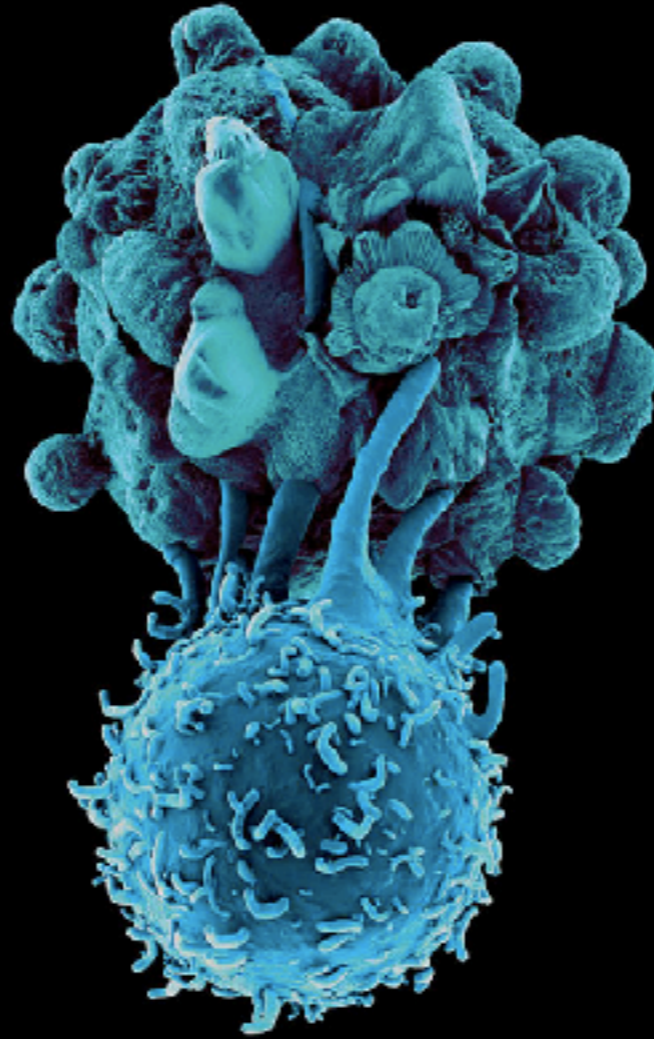
Cancer cell



T cell



T cell approaches cancer cell.



T cell attacks cancer cell.



Cancer cell destroyed.

TO THIS...

TYPES OF TREATMENT

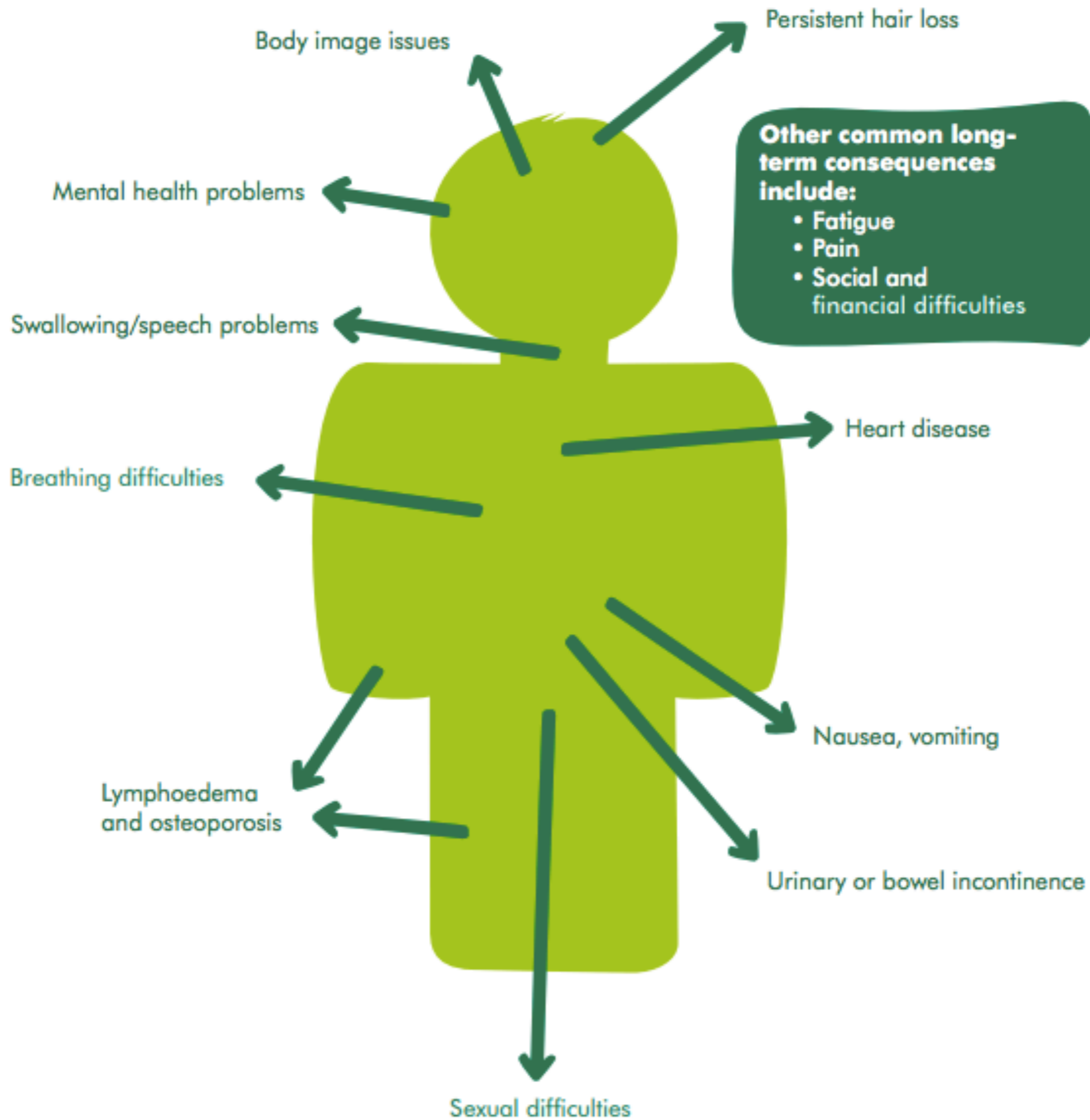
- ▶ Surgery
- ▶ Radiotherapy
- ▶ Chemotherapy
- ▶ Hormone therapy
- ▶ Immunotherapy

EFFECTS OF TREATMENT

- ▶ The purpose of cancer treatment is to destroy, remove or slow down the growth of cancer cells.
- ▶ There is inevitably some damage to healthy cells or wider impact on the body through other side effects.
- ▶ This leads to short and long term problems

FOLLOW-UP AFTER TREATMENT

- ▶ In general, the short-term effects of treatment are best managed by the oncology team giving the treatment.
- ▶ The majority will experience no long term problems after their treatment.
- ▶ A minority will need further help and support.
- ▶ As time goes by, care handed back to primary care where we will manage those long term conditions and consider how to keep you healthy for the future.



PMG GOALS FOR CANCER SURVIVORSHIP

- ▶ Lead GP for cancer and palliative care.
- ▶ Looking to develop a dedicated cancer survivorship service.
- ▶ Eventually open to all patients living with or after cancer
- ▶ In the initial trial period, participation may be more selective: eg patients with more co-morbidities, patients with dependents, patients with significant problems identified by other professionals.

HOW THE PPG CAN HELP

- ▶ Your thoughts...
- ▶ Promoting the service?
- ▶ Accessing the service?
- ▶ In combination with other services eg medication review, chronic disease clinics?
- ▶ Health promotion and education sessions?